

APM WorkCare

Tasmanian locations and staff profiles

Referrals

Email: workcare@apm.net.au

Phone: 1300 967 522

Updated: May 2026



APM WorkCare Tasmania locations

Hobart

175 Collins Street
Hobart TAS 7000
Phone: 1300 967 522

Launceston

First Floor Gasworks
8 Boland Street
Launceston TAS 7250
Phone: 1300 967 522



Tasmania

Hobart
Launceston

Tasmanian locations and staff

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Contact name	Qualifications	Professional registration	Skills and experience
 Mr Josh Bloom Branch Manager Hobart Based (June 2026) Phone: 0447 749 354 Email: josh.bloom@apm.net.au	Rehabilitation Counsellor - Graduate Diploma in Rehabilitation Studies - Bachelor of Behavioural Science with Honors - Mental Health First Aid	ASORC (12331)	- Experienced occupational rehabilitation professional (7+ years) delivering workplace rehabilitation, redeployment, and complex case management for individuals with both compensable and non-compensable physical and psychological injuries. - High-level knowledge and experience working across WorkSafe Tasmania, Comcare, MAIB, and DVA schemes, with a strong understanding of scheme requirements and expectations. - Provides comprehensive job-seeking service delivery, including: - Resume and cover letter development and coaching - Identification of suitable job options aligned to skills, experience, qualifications, labour market conditions, and medical restrictions - Coaching clients to set up and manage job-seeking profiles - Online job search strategies and job applications, including addressing selection criteria - Interview preparation, including guidance around injury disclosure - Marketing and cold canvassing approaches - Supporting clients with follow-up after interviews - Skilled in conducting Initial Assessments, Workplace Assessments, Vocational Assessments and Counselling, and delivering motivational interviewing and vocational counselling interventions. - Experienced in job preparation and return-to-work planning, supporting outcomes with both new and same employers. - Applies a strengths-based, person-centred approach, supporting clients to build confidence, independence, and sustainable employment pathways. - Brings lived experience of disability

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Fakington Wilde
Account Manager/
Rehabilitation
Consultant

Launceston Based

Phone: 0400 930 244

Email: fakington.wilde2@apm.net.au

Social Worker

- Bachelor of Social Work
- Mental Health First Aid

Australian
Association of
Social Workers
(AASW)
Membership
Number:
500700

- Highly skilled support and wellbeing professional with extensive experience across mental health, rehabilitation, and community development, working effectively with individuals experiencing physical and psych conditions, including complex & high-risk presentations.
- Provides comprehensive job-seeking service delivery, including:
- Resume and cover letter development
- Id. of suitable job options aligned to skills, experience, qualifications, labour market conditions, and medical or psychosocial considerations
- Coaching clients to set up and manage online job-seeking profiles
- Online job search strategies, job applications, and selection criteria
- Interview preparation, including confidence building and guidance around injury or mental health disclosure
- Marketing, cold canvassing, and follow-up after interviews
- Delivers same and new employer return-to-work programs, with strong capability in initial, vocational, and pre-employment assessments, and ongoing return-to-work support across the rehabilitation continuum.
- Specialises in difficult and complex claims, with strengths in one-on-one client engagement, safety planning, risk management, and sustained therapeutic relationships.
- Qualified Art Therapist, integrating creative and therapeutic approaches to support wellbeing, engagement, and recovery.
- FIMS accredited, with experience completing Support Needs
- Assessments and applying structured frameworks to complex cases.
- Well-connected across Northern Tasmania, with experience supporting clients within arts, local government, housing, and creative industries, and available to support rural and regional clients
- Applies a holistic, strengths-based approach, incorporating wellbeing and meditation methodologies to foster resilience, engagement, and positive outcomes for clients and communities.

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Elaine Marais
Senior
Rehabilitation
Consultant

Launceston Based

Phone: 0438 538 383

Email: elaine.marais@apm.net.au

Occupational Therapist

- Bachelor of Occupational Therapy
- Rehabilitation and Functional Assessment (RFA) Certificate
- Ergomax and Ergofocus Ergonomics Risk Assessor Courses
- Mental Health First Aid

AHPRA and Occupational Therapy Board (Registration Number: OCC0 002739687)

- Experienced Occupational Therapist and Rehabilitation Consultant delivering return-to-work rehabilitation services for individuals with a wide range of physical and psychological conditions.
- Skilled in completing and reporting on pre-employment, periodical in-service, and return-to-work assessments, supporting safe and sustainable work participation.
- Highly experienced in conducting:
- Activities of Daily Living (ADL) assessments, supporting independence in both basic and instrumental daily tasks
- Ergonomic assessments, including office-based, manual handling, and work-related upper limb injury (WRULI) assessments
- Functional Capacity Evaluations (FCEs) o Detailed workplace assessments and structured return-to-work planning
- Demonstrates strong capability in performing detailed workplace visits, identifying specific job demands and duties to inform effective, graded, and safe return-to-work programs.
- Brings a keen interest in interdisciplinary pain management approaches, particularly in supporting individuals with physical injuries that have resulted in secondary psychological impacts.
- Experienced in delivering pre-employment assessments for employers across a range of roles and injury profiles.
- Has experience working with children presenting with developmental delays, applying a considered and functional approach to assessment and support.
- Strong advocate for collaborative rehabilitation, valuing and supporting effective working relationships between insurers, injured persons, treating health professionals, and employers to promote safe, healthy, and productive return to life roles.
- Consistently prioritises the needs and goals of the injured person, aligning rehabilitation strategies to maximise independence, wellbeing, and participation, including return to work.

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Katie Spencer
Rehabilitation
Consultant TAS

Launceston Based

Phone: 0460 432 816

Email: katie.spencer@apm.net.au

Social Worker

- Bachelor of Social Work
- Mental Health First Aid

Australian
Association of
Social Workers
(AASW)

- Qualified Social Worker and rehabilitation professional providing support for individuals with physical and psychological injuries across vocational rehabilitation and wellbeing services.
- Delivers comprehensive job-seeking service, including:
- Resume and cover letter development
- Identification of suitable job options aligned to skills, experience, qualifications, labour market conditions, and medical or psychosocial considerations
- Online job search strategies and job applications
- Reverse marketing and employer engagement
- Interview preparation and confidence building
- Experienced in delivering same and new employer return-to-work programs, supporting safe, sustainable, and person-centred RTW.
- Skilled in conducting Vocational Assessments, transferable skills assessments, and labour market analysis, supporting informed vocational planning and realistic employment pathways.
- Experienced in work trial canvassing and placements, including engaging employers and facilitating graded and supported work opps.
- Experienced in psychosocial screening, counselling, safety planning, and risk management, particularly when working with clients experiencing complex mental health, social, or family-related challenges.
- Provides rehabilitation services to regional and rural areas
- Brings strong experience across mental health, rehabilitation, and aged care, with additional interests in sexual health, family dynamics, alcohol and other drugs (AoD), and veteran support.
- Demonstrates deep knowledge of Tasmanian systems and culture, supporting clients and families through authentic engagement and strong therapeutic relationships.
- Applies a holistic, client-centred approach, integrating structured clinical practice with wellbeing, meditation, creative techniques, and nature-based engagement to support resilience, connection, and positive outcomes.

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Abid Raza
Rehabilitation
Consultant TAS

Launceston Based

Phone: 0473 051 485

Email: abid.raza@apm.net.au

Social Worker
Master of Social Work

Australian
Association of
Social Workers
(AASW)

- Experienced Social Work professional with a background across rehabilitation, vocational services, and community support, working with individuals experiencing physical and psychological injuries.
- Provides comprehensive job-seeking service delivery, including:
- Resume and cover letter development
- Id. of suitable job options aligned to skills, experience, qualifications, labour market conditions, and medical or psychosocial considerations
- Online job search strategies and job applications
- Reverse marketing and employer engagement
- Interview preparation and confidence building
- Strong experience in Alcohol and Other Drugs (AOD) services, supporting clients with complex psychosocial, mental health, and substance-related barriers.
- Delivers same and new employer return-to-work programs, supported by experience in Vocational Assessments, transferable skills assessments, and labour market analysis to inform suitable employment pathways.
- Experienced in work trial canvassing and placements, facilitating employer engagement and graded return-to-work opportunities.
- Brings broad case management experience, including NDIS case management supporting care coordination and independent living, and residential aged care experience coordinating lifestyle programs and supporting multidisciplinary clinical teams.
- Skilled in psychosocial screening, vocational counselling, motivational interviewing, and trauma-informed practice, supporting individuals impacted by disability, mental health, trauma, and social disadvantage.
- Provides rehabilitation services to regional and rural areas, with strong service network connections.
- Fluent in Urdu, Punjabi, Arabic, and Persian, supporting culturally responsive service delivery.
- Outside of work, Abid enjoys socialising, maintaining healthy relationships, and watching and playing cricket.

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Mitch Houghton
Rehabilitation
Consultant TAS

Launceston Based

Phone: 0428 748 307

Email: mitch.houghton@apm.net.au

Social Worker
Bachelor of Social Work

Australian
Association of
Social Workers
(AASW)

- Graduate Social Worker providing rehabilitation support for individuals with physical and psychological injuries, with strong developing capability across vocational and return-to-work services. Provides job-seeking service delivery, including:
 - Resume and cover letter development
 - Identification of suitable job options
 - Online job search and applications
 - Reverse marketing
 - Interview preparation
- Delivers same and new employer return-to-work programs, supported by experience in Vocational Assessments, transferable skills assessments, and labour market analysis.
- Experienced in work trial canvassing and placements, supporting employer engagement and graded return-to-work opportunities.
- Demonstrates strong case management skills, including psychosocial screening and a person-centred, person-in-environment approach to service delivery.
- Provides rehabilitation services to regional areas, ensuring accessible and flexible support for clients.
- Graduated from UTAS with a Bachelor of Social Work (Honours) in 2025 and was awarded a scholarship to undertake a Bachelor of Philosophy, strengthening his understanding of social systems, ethics, and the broader factors influencing individual wellbeing.
- Known for effective stakeholder engagement, working collaboratively with clients, employers, and insurers to support holistic recovery conversations.
- Brings experience working with children and families through Outside School Hours Care, and in Alcohol and Other Drugs (AOD) services, demonstrating a kind, open, and relationship-focused approach that supports trust and engagement.

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Darcy Davis
Rehabilitation
Consultant TAS

Launceston Based

Phone: 0459 086 165

Email: darcy.davis@apm.net.au

Exercise Physiologist

- Bachelor of Exercise Science
- Master of Exercise Physiology
- Mental Health First Aid
- Qualified Yoga Instructor
- Certificate III in Fitness

Exercise and
Sports Science
Australia
(ESSA): 15470

- Experienced Rehabilitation Consultant delivering same and new employer return-to-work programs for clients with physical injuries and secondary psychological conditions, including complex presentations.
- Delivers job-seeking service delivery, including identification of suitable job options aligned to functional capacity and labour market conditions, resume support, job search strategies, reverse marketing, employer engagement, and interview preparation where return to pre-injury duties is not viable.
- Provides strategic, complex case management across compensable and non-compensable injury management, balancing clinical outcomes with employer and insurer requirements.
- Skilled in conducting Initial Needs Assessments, worksite assessments, task analyses, job dictionaries, functional capacity evaluations (FCEs), and work-match assessments to inform safe and sustainable return-to-work planning.
- Experienced in developing structured RTW plans, safety planning, and risk management strategies, supporting return to life, return to activity, and functional independence.
- Experienced in completing medico-legal and life insurance assessments, with a strong understanding of evidentiary and reporting requirements.
- Qualified Mental Health First Aider, with experience supporting claims involving complex psychological and mental health considerations.
- Background in exercise physiology, supporting functional recovery and goal-directed rehabilitation planning.
- Also, a qualified Yoga Instructor and Personal Trainer, bringing a strong focus on health, wellbeing, and sustainable physical conditioning.
- Recently relocated to Tasmania and actively establishing working relationships with clients and stakeholders across Northern Tasmania.

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Jana Hindryckx

Senior
Rehabilitation
Consultant

Hobart Based

Phone: 0459 468 772

Email: jana.hindryckx@apm.net.au

Provisional Psychologist

- Masters of Industrial & Organisational Psychology
- Bachelor of Psychology

AHPRA
registration

- Provisional Psychologist and Senior Vocational Rehabilitation Consultant with a strong organisational psychology and HR background, bringing over ten years' experience across psychological assessment, stakeholder engagement, and complex case management.
- Delivers comprehensive job-seeking service delivery, including vocational guidance, job matching, resume and application support, interview preparation, and coaching clients to navigate work transitions where return to pre-injury employment is not viable.
- Highly experienced in supporting mental injury claims, delivering structured return-to-work plans and implementing high-level strategies to address psychological barriers to returning to work.
- Skilled in identifying psychosocial and workplace factors impacting recovery, and in developing evidence-based rehabilitation strategies that balance client needs with workplace and insurer requirements.
- Brings strong capability in counselling, coaching, motivational interviewing, and solution-focused approaches, particularly within complex workplace and organisational contexts.
- Experienced in conducting vocational and psychological assessments, delivering high-quality reporting, and working collaboratively within multidisciplinary teams, including experience in team leadership.
- Extensive background in Learning and Development, including program design and implementation, informed by prior work in organisational development, leadership capability building, behavioural assessment, and talent management within large multinational organisations.
- Known for a thoughtful, professional, and collaborative approach, supporting clients' functional recovery and vocational participation through practical, work-focused rehabilitation.
- Speaks Dutch and French, supporting culturally responsive engagement where required.

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Erin Batchelor
Rehabilitation
Consultant TAS

Hobart Based

Phone: 0455 399 519

Email: erin.batchelor@apm.net.au

Registered Nurse
Bachelor of Nursing

AHPRA
Registration

- Skilled rehabilitation professional with experience supporting individuals experiencing both physical and psychological injuries across vocational and return-to-work services.
- Delivers job-seeking service delivery, including identification of suitable job options aligned to skills, experience, labour market conditions, and medical restrictions, resume and application support, job search strategies, employer engagement, and interview preparation where required.
- Experienced in supporting clients through new and existing medical diagnoses, treatment pathways, recovery, and sustainable return-to-work planning.
- Well connected with medical and allied health practitioners across Hobart and the broader Tasmanian region, working closely with treating providers to ensure coordinated, evidence-based outcomes.
- Experienced in completing comprehensive health assessments, including pre-employment medical assessments, and liaising effectively with medical professionals and other stakeholders.
- Skilled in delivering initial, transferable skills, ergonomic, and worksite assessments, and providing ongoing return-to-work services aligned to individual capacity and recovery progress.
- Known for a practical, collaborative, and outcomes-focused approach, supporting meaningful vocational and wellbeing outcomes for clients.
- Outside of rehabilitation work, Erin also works in the beauty industry, bringing a strong people-focused skillset and a genuine interest in wellbeing, confidence, and personal presentation.

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Yvette Street
Rehabilitation
Consultant

Victorian Based (remote)

Phone: 0456 946 625

Email: Yvette.street@apm.net.au

Registered Nurse
Level 1 Sports trainer
Bachelor of sports
medicine

AHPRA
NMW0002247
611

- Experienced Registered Nurse and Senior Rehabilitation Consultant with over eight years of clinical nursing practice and more than 25 years' experience in sports medicine, supporting clients with physical and psychological injuries.
- Delivers job-seeking service delivery, including identification of suitable job options aligned to functional capacity and medical considerations, resume and application support, job search strategies, employer engagement, and interview preparation where return to pre-injury employment is not viable.
- Delivers rehabilitation, redeployment, and return-to-work planning, partnering with employers to achieve safe, sustainable, and meaningful work outcomes.
- Brings strong expertise in mental health, complex injury management, wellbeing support, and case management, with a consistent focus on client-centred, evidence-based rehabilitation.
- Experienced in pre-employment medicals, community nursing, medical liaison, and coordinating appropriate care pathways for clients with complex needs.
- Skilled in safety planning and risk management, supporting clients to safely return to work, activity, and independence.
- Incorporates innovative approaches including Virtual Reality Pain Management to support functional recovery and pain management where appropriate.
- Known for strong stakeholder engagement, building meaningful connections with employers, insurers, and treating health professionals to support coordinated outcomes.
- Brings a genuine passion for mental health, wellbeing, and supporting clients through recovery with empathy, professionalism, and clinical insight.

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