

# APM WorkCare

## Western Australian locations and staff profiles

### Referrals

**Email:** [workcare@apm.net.au](mailto:workcare@apm.net.au)

**Phone:** 1300 967 522

Updated: June 2025



## APM WorkCare WA locations

### West Perth

Level 1, 56 Ord Street

West Perth, WA 6005

**Phone:** 1300 967 522

### Karratha

**Phone:** 1300 967 522



Western Australia

Perth  
Karratha

**Western Australian staff profiles**

**Email:** [workcare@apm.net.au](mailto:workcare@apm.net.au) **Phone:** 1300 967 522



## APM WorkCare WA injury management staff

| Contact name                                                                                                                                             | Qualifications                                                                                                                                                                                                                                                                                                      | Capabilities                                                                                                                                                                                                                                                                                                                                                           | Skills and experience                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Languages spoken | Metropolitan/<br>Regional |
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|  <p><b>Lauren Cooley</b><br/>Regional Manager<br/>(NT, QLD, SA, WA)</p> | <p><b>Occupational Therapist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Science Occupational Therapy</li> <li>• Master of Business Administration (MBA)</li> <li>• AHPRA Registered Occupational Therapist</li> <li>• Comcare accredited</li> <li>• Accredited to conduct FCE's (PWPE)</li> </ul> | <ul style="list-style-type: none"> <li>• Development of tailored health and RTW solutions for customers</li> <li>• Delivering tailored training to key stakeholders including Insurers, brokers and Employers</li> <li>• Collaborative leadership approach</li> <li>• Key customer account management</li> <li>• ADL assessments and equipment prescription</li> </ul> | <ul style="list-style-type: none"> <li>• Over 10 years occupational rehabilitation expertise in workers' compensation and injury management</li> <li>• Highly experienced in conducting assessments across jurisdictions</li> <li>• Experience working closely with brokers and large employers to develop injury prevention strategies, including early care programs and training to minimise associated WC costs</li> <li>• Presenting at industry forums on relevant topics such as Chronic Pain, impact of WC on CALD Populations and use of Virtual Reality Technology</li> <li>• Active member on ARPA WA Executive council</li> <li>• Prior experience servicing Broome and remote Aboriginal communities within the Kimberley</li> </ul> | English          | WA, NT, QLD and SA        |

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|  <p><b>Jacqui Baldrey</b><br/>Team Manager</p> | <p><b>Exercise Physiologist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Science – Exercise Physiology</li> <li>• ESSA – Exercise and Sports Science Australia</li> <li>• AEP accredited</li> <li>• Comcare accredited</li> <li>• Mental Health First Aid trained</li> </ul> | <ul style="list-style-type: none"> <li>• Same and New Employer return to work programs</li> <li>• Providing strategic, complex case management for clients with physical and psychological conditions</li> <li>• Initial Needs Assessments</li> <li>• Worksite Assessments/job redesign</li> <li>• Task analyses and Job Dictionaries</li> <li>• Functional Capacity Evaluations</li> <li>• RTW Planning</li> <li>• Pre-employment medical examinations</li> <li>• Delivery of training to stakeholders (injury prevention)</li> <li>• Productivity Assessments</li> <li>• Work-match Assessments</li> <li>• Psychosocial screening</li> </ul> | <ul style="list-style-type: none"> <li>• Over seven years' experience in occupational rehabilitation</li> <li>• Over four years clinical experience completing exercise programs and promotion of health and wellness programs</li> <li>• Experience providing complex case management across mining, aged care and education sectors</li> <li>• Specialises in large and high-profile employers</li> <li>• Manages and leads a multi-disciplinary team of rehabilitation consultants, providing strategic support on complex claims and ensuring the business delivers quality service and meets customer performance indicators</li> </ul> | English | Perth, WA<br>(inner & outer metropolitan)                               |
|  <p><b>Rick Wallis</b><br/>Team Manager</p>   | <p><b>Exercise Physiologist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Science – Exercise Science &amp; Rehabilitation</li> <li>• ESSA accredited Exercise Physiologist</li> <li>• ESSA accredited Exercise Scientist</li> <li>• Comcare accredited</li> </ul>             | <ul style="list-style-type: none"> <li>• Same and New Employer return to work programs</li> <li>• Providing strategic, complex case management for clients with physical and psychological conditions</li> <li>• Initial Needs Assessments</li> <li>• Worksite Assessments</li> </ul>                                                                                                                                                                                                                                                                                                                                                          | <ul style="list-style-type: none"> <li>• Over nine years of experience across various schemes in WA, NSW, and Comcare</li> <li>• Expertise in working with large employers and brokers across of range of industries including mining, construction, emergency services and labour hire</li> </ul>                                                                                                                                                                                                                                                                                                                                           | English | Perth, WA<br>(inner & outer metropolitan)<br><br>Peel, WA<br>(regional) |

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|                                                                                                                                                      | <ul style="list-style-type: none"> <li>• Mental Health First Aid trained</li> </ul>                                                                                                                                                                                                                                                                                                                                     | <ul style="list-style-type: none"> <li>• Task analyses and Job Dictionaries</li> <li>• Functional Capacity Evaluations</li> <li>• Functional examination for medico-legal assessments</li> <li>• RTW Planning</li> <li>• Delivery of training to stakeholders (injury prevention)</li> <li>• Productivity Assessments</li> <li>• Work-match Assessments</li> <li>• Non-work-related injury support</li> <li>• Psychosocial screening</li> </ul>                                                               | <ul style="list-style-type: none"> <li>• Effective communication with stakeholders for clients with diverse needs</li> <li>• Manages and leads a multi-disciplinary team of rehabilitation consultants, providing strategic support across the WC portfolio</li> </ul>                                                                                                                                                                                                                                                 |         |                                                                                          |
|  <p><b>Adam Holdsworth</b><br/>Senior Rehabilitation Consultant</p> | <p><b>Exercise Physiologist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Science, Exercise and Health, Human Movement</li> <li>• Bachelor of Commerce, Management and Human Resource Management</li> <li>• Graduate Diploma of Science, Exercise Rehabilitation</li> <li>• ESSA accredited Exercise Physiologist</li> <li>• ESSA accredited Exercise Scientist</li> <li>• Comcare accredited</li> </ul> | <ul style="list-style-type: none"> <li>• Same and New Employer return to work programs</li> <li>• Providing strategic, complex case management for clients with physical conditions</li> <li>• Initial Needs Assessments</li> <li>• Worksite Assessments</li> <li>• Task analyses</li> <li>• Functional Capacity Evaluations</li> <li>• Pre-employment medical assessments</li> <li>• Functional examination for medico-legal assessments</li> <li>• RTW Planning</li> <li>• Work Trial canvassing</li> </ul> | <ul style="list-style-type: none"> <li>• Over eight years of experience working within clinical and occupational rehabilitation roles</li> <li>• Expertise in complex cases and proactive return to work activities</li> <li>• Highly effective communication, frequently working with brokers and large employers</li> <li>• Frequently works among mining, labour hire and aged care workforces</li> <li>• Highly effective in Work Trial canvassing averaging a turnaround of two to three business days</li> </ul> | English | <p>Perth, WA (inner &amp; outer metropolitan)</p> <p>Peel and Bunbury, WA (regional)</p> |

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|                                                                                                                                                       | <ul style="list-style-type: none"> <li>• Mental Health First Aid trained</li> <li>• DVA registered</li> </ul>                                                                                                                                                                                                                                                            | <ul style="list-style-type: none"> <li>• Productivity Assessments</li> <li>• Work-match Assessments</li> <li>• Psychosocial screening</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <ul style="list-style-type: none"> <li>• Experienced with injury prevention services: pre-employment medicals, fitness for works and functional assessments</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                  |                                                                                     |
|  <p><b>Simran Choudhary</b><br/>Senior Rehabilitation Consultant</p> | <p><b>Physiotherapist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Physiotherapy</li> <li>• Bachelor of Ergonomics</li> <li>• Diploma of Occupational Health and Safety</li> <li>• AHPRA registered</li> <li>• Mental Health First Aid trained</li> <li>• Comcare accredited</li> <li>• Trained to deliver APM's Virtual Reality Pain Program</li> </ul> | <ul style="list-style-type: none"> <li>• Same and New Employer return to work programs</li> <li>• Providing strategic, complex case management for clients with physical and psychological conditions</li> <li>• Initial Needs Assessments</li> <li>• Worksite Assessments</li> <li>• Task analyses and Job Dictionaries</li> <li>• Functional Capacity Evaluations</li> <li>• Functional examination for medico-legal assessments</li> <li>• RTW Planning</li> <li>• Ergonomic Assessments (home/office)</li> <li>• Delivery of training to stakeholders (injury prevention, mental health conditions)</li> <li>• Functional examination for medico-legal assessments</li> <li>• Chronic pain management</li> <li>• Psychosocial screening</li> </ul> | <ul style="list-style-type: none"> <li>• Over 18 years of extensive clinical experience in musculoskeletal injuries and chronic pain, mindset coaching</li> <li>• Expertise in proactive injury prevention: health and safety experience/specialist ergonomics in manufacturing and logistics industries</li> <li>• Collaborative case management approach for clients with complex physical and psychological presentation</li> <li>• Highly skilled at ergonomics assessments and supporting employers with workplace redesigning to mitigate risk of injuries</li> <li>• Understanding and interpreting medical information and implications of how conditions impact capacity</li> <li>• Special interest: mental health and chronic pain</li> <li>• Non-compensable injury management</li> </ul> | English<br>Hindi | Perth, WA<br>(inner & outer metropolitan)<br><br>Peel and Bunbury, WA<br>(regional) |

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|  <p><b>Tiarne Barnett</b><br/>Lead Consultant</p>                | <p><b>Exercise Physiologist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Science – Exercise Science &amp; Rehabilitation</li> <li>• Masters of Exercise Science – Strength &amp; Conditioning</li> <li>• ESSA accredited Exercise Physiologist</li> <li>• ESSA accredited Exercise Scientist</li> <li>• Mental Health First Aid trained</li> <li>• Comcare accredited</li> <li>• DVA registered</li> </ul> | <ul style="list-style-type: none"> <li>• Same and New Employer return to work programs</li> <li>• Providing strategic, complex case management for clients with physical and psychological conditions</li> <li>• Initial Needs Assessments</li> <li>• Worksite Assessments</li> <li>• Task analyses and Job Dictionaries</li> <li>• Functional Capacity Evaluations</li> <li>• RTW Planning</li> <li>• Ergonomic Assessments (home/office)</li> <li>• Productivity Assessments</li> <li>• Work-match Assessments</li> <li>• Psychosocial screening</li> </ul> | <ul style="list-style-type: none"> <li>• Over 10 years of experience in occupational rehabilitation developing expertise across workers' compensation and veteran affairs programs</li> <li>• Complex case management and addressing biopsychosocial barriers through extensive collaboration with stakeholders and healthcare professionals</li> <li>• Experience working across a range of industries including construction, mining, emergency services, early childhood</li> <li>• Maintaining strong communication with all stakeholders throughout the service delivery</li> <li>• Facilitating claim reviews internally and externally with customers to ensure a collaborative rehabilitation approach</li> </ul> | English | Perth, WA (inner & outer metropolitan)<br><br>Peel, WA (regional) |
|  <p><b>Honor Lane</b><br/>Senior Rehabilitation Consultant</p> | <p><b>Exercise Physiologist</b></p> <ul style="list-style-type: none"> <li>• Master of Science, Clinical Exercise Physiology</li> <li>• Bachelor of Education Secondary, Health and Physical Education, Outdoor Education</li> </ul>                                                                                                                                                                                       | <ul style="list-style-type: none"> <li>• Same and New Employer return to work programs</li> <li>• Providing strategic, complex case management for clients with physical and psychological conditions</li> <li>• Initial Needs Assessments</li> <li>• Worksite Assessments</li> </ul>                                                                                                                                                                                                                                                                         | <ul style="list-style-type: none"> <li>• Over six years of professional experience</li> <li>• Expertise across workers' compensation schemes</li> <li>• Strong communication skills to inform all stakeholders of progress throughout service</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | English | Perth, WA (inner & outer metropolitan)<br><br>Peel, WA (regional) |

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|                                                                                                                                                 | <ul style="list-style-type: none"> <li>• ESSA accredited Exercise Physiologist</li> <li>• Mental Health First Aid trained</li> </ul>                          | <ul style="list-style-type: none"> <li>• Functional Capacity Evaluations</li> <li>• RTW Planning</li> <li>• Productivity Assessments</li> <li>• Work-match Assessments</li> <li>• Psychosocial screening</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                  | <ul style="list-style-type: none"> <li>• delivery (particularly large employers and brokers)</li> <li>• Interpreting medical information and implications of how conditions impact capacity to provide education to workers and employers</li> <li>• Providing support in developing appropriate short and long-term goals to maintain motivation, compliance and direction</li> </ul>                                                                |                       |                                           |
|  <p><b>May Guedes Ibanez</b><br/>Rehabilitation Consultant</p> | <p><b>Occupational Therapist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Science Occupational Therapy</li> <li>• AHPRA registered</li> </ul> | <ul style="list-style-type: none"> <li>• Same and New Employer return to work programs</li> <li>• Providing strategic, complex case management for clients with physical and psychological conditions</li> <li>• Initial Needs Assessments</li> <li>• Worksite Assessments</li> <li>• Task analyses and Job Dictionaries</li> <li>• RTW Planning</li> <li>• Ergonomic Assessments (home/office)</li> <li>• Vehicle Ergonomic Assessments</li> <li>• Provision of resilience training and confidence building skills</li> <li>• Productivity Assessments</li> <li>• Work-match Assessments</li> </ul> | <ul style="list-style-type: none"> <li>• Assessment and intervention: highly experienced at completed ADL assessments and workplace assessments for assistive equipment, workplace or duties modifications</li> <li>• Case management and support: Manages Same Employer and New Employer return to work programs</li> <li>• Excellent communication and prioritises education in all interactions to ensure strategic management of cases</li> </ul> | English<br>Portuguese | Perth, WA<br>(inner & outer metropolitan) |

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|                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                    | <ul style="list-style-type: none"> <li>• Activities of Daily Living (ADL) assessments and equipment prescription</li> <li>• Psychosocial screening</li> </ul>                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                   |                                                                         |
|  <p><b>Alex Walmsley</b><br/>Senior Rehabilitation Consultant</p> | <p><b>Rehabilitation Counsellor</b></p> <ul style="list-style-type: none"> <li>• Post Graduate Diploma in Rehabilitation Studies</li> <li>• Post Graduate Certificate in Public Relations</li> <li>• Bachelor of Arts in Sociology, minor in Social Psychology and Community Development</li> <li>• ASORC accredited</li> <li>• Mental Health First Aid trained</li> <li>• Comcare accredited</li> <li>• DVA registered</li> </ul> | <ul style="list-style-type: none"> <li>• Rehabilitation support of psychological injuries</li> <li>• Vocational Assessments</li> <li>• Labour Market Analysis</li> <li>• Transferrable skills assessments</li> <li>• Provision of motivational interviewing, conflict management</li> <li>• Adjustment Counselling</li> <li>• Workplace Counselling</li> <li>• Work Trial canvassing and placements</li> <li>• Job Seeking support</li> <li>• Psychological Functional Assessments</li> <li>• Psychosocial screening</li> </ul> | <ul style="list-style-type: none"> <li>• Over five years of occupational rehabilitation experience</li> <li>• Over 15 years of professional experience</li> <li>• Frequently requested to provide workplace counselling and adjustment counselling support to clients with work-related and non-work-related psychological conditions</li> <li>• Passionate in the development and increasing exposure to early intervention and mental health support for workers and employers</li> <li>• Highly skilled in providing Vocational Assessments/ LMR/TSA across a range of schemes nationally including DVA, Military and workers' compensation</li> </ul> | English<br>French | Perth, WA<br>(inner & outer metropolitan)<br><br>Peel, WA<br>(regional) |
|  <p><b>Will Borger</b></p>                                      | <p><b>Exercise Physiologist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Science – Exercise Science &amp; Rehabilitation</li> <li>• ESSA accredited</li> </ul>                                                                                                                                                                                                                                                     | <ul style="list-style-type: none"> <li>• Same Employer return to work programs</li> <li>• Providing strategic, case management for clients with physical and secondary psychological conditions</li> </ul>                                                                                                                                                                                                                                                                                                                      | <ul style="list-style-type: none"> <li>• Experienced working with a range of clients and health conditions including musculoskeletal injuries, chronic and complex diseases, cardiac and pulmonary</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                             | English           | Perth, WA<br>(inner & outer metropolitan)<br><br>Peel & the South West  |

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| Rehabilitation Consultant                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                    | <ul style="list-style-type: none"> <li>• Initial Needs Assessments</li> <li>• Worksite Assessments</li> <li>• Functional Capacity Evaluations</li> <li>• RTW Planning</li> <li>• Work Trial canvassing</li> <li>• Productivity Assessments</li> <li>• Work-match Assessments</li> <li>• Psychosocial screening</li> </ul>                                                                              | <p>conditions, neurological conditions and mental health</p> <ul style="list-style-type: none"> <li>• Providing proactive and outcome focused case management of complex cases and managing return to work activities in compensable and non-compensable settings</li> <li>• Highly efficient at Work Trial canvassing and securing host employment placements.</li> <li>• Experience managing claims interstate and in New Zealand</li> <li>• Highly skilled in consulting and coordinating with allied health care professionals to plan, implement and evaluate client treatment and recovery plans</li> </ul> |         |                                                             |
|  <p><b>Rebecca McEvoy</b><br/>Team Manager/<br/>Subject Matter<br/>Expert</p> | <p><b>Exercise Physiologist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Science, Exercise and Health</li> <li>• Bachelor of Exercise, Rehabilitation Science</li> <li>• ESSA accredited Exercise Physiologist</li> <li>• ESSA accredited Exercise Scientist</li> <li>• Mental Health First Aid trained</li> </ul> | <ul style="list-style-type: none"> <li>• Same and New Employer return to work programs</li> <li>• Providing strategic, complex case management for clients with physical and psychological conditions</li> <li>• Initial Needs Assessments</li> <li>• Worksite Assessments</li> <li>• Task analyses and Job Dictionaries</li> <li>• Functional Capacity Evaluations</li> <li>• RTW Planning</li> </ul> | <ul style="list-style-type: none"> <li>• Over 20 years of extensive professional experience; over 17 in vocational rehabilitation and leadership</li> <li>• Comprehensive rehabilitation expertise working across various legislative systems</li> <li>• Extensive experience working in remote communities in WA and NT and building local employer and treating networks</li> <li>• Proactive case management, specialising in complex cases</li> </ul>                                                                                                                                                         | English | <p>Karratha, WA (regional)</p> <p>Darwin, NT (regional)</p> |

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|  |  | <ul style="list-style-type: none"> <li>• Ergonomic Assessments (home/office)</li> <li>• Productivity Assessments</li> <li>• Work-match Assessments</li> <li>• Psychosocial screening</li> <li>• Injury prevention training including manual handling</li> </ul> | <p>requiring medical and injury management support</p> <ul style="list-style-type: none"> <li>• Excellent communication skills ensuring all key stakeholders are updated and informed of RTW strategies</li> <li>• Providing rehabilitation services to regional areas, working with Aboriginal and Torres Strait Islander workers</li> <li>• Assisting with return to life, return to activity and independence</li> </ul> |  |  |
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